**INDOOR PRACTICES/WORKOUTS FALL 2020/Winter 2021**

**This is a sample addendum/introduction to the PWSA protocols you could use as a prelude to your plans. Please note this is written for the Yellow Zone all other zones you will have to adapt references to cohorts and numbers based on their regional Colour Restrictions.**

**Indoor Practices**

Indoor workouts are merely a particular form of practice and, as such, all protocols required by these Return to Softball Play COVID-19 Guidelines with respect to on-field practices apply with respect to indoor practices. This includes sanitization, distancing, players’ equipment, food restrictions, and other general protocols. In the case of an indoor practice, teams will typically have less control over the facility than is the case with an outdoor facility permitted by a municipality. As such, the (Association/user) teams must consult with the owner/operator of the facility to ensure that appropriate sanitization protocols and safety precautions are in place with respect to the facility.

All activities must adhere to the distancing measures required by the Provincial government, the municipality (regional), public health authorities, the PWSA Protocols, the (Association name) Protocols and the facility’s protocols; the most stringent of the requirements must be followed. (Association/team Name & PWSA) protocols supersede those of the facility.

All participants (including coaches) MUST wear a mask at all times.

Contact Tracing, wellness screening is mandatory. For this fall/winter training only period (where there will only be players and coaches in attendance), (Association Name) will allow teams to use either an app OR paper tracing. COVID waivers/affidavits must be completed by ALL participants. All participants must also check-in, using proper COVID protocols (i.e. hand sanitizing, temperature reading, etc.) as per Return to Play documents.

Each individual team will be considered a cohort; members of the cohort will include players and coaching staff.

**Number of Participants: Fall 2020**

The (Association Name) will follow the Government framework of 10 participants indoors (including players and coaches) for all single activity/practice sessions; the only exception will be in a “fieldhouse/dome facility” setting, as follows:

For activities/practice sessions held in a “fieldhouse/dome facility” setting ONLY, (Association Name) will allow two separate and distinct groups, of not more than ten participants (including players and coaches), to participate in separate activities/practices when at least 1/3 of the “fieldhouse/dome facility) (name the facility) is being used under permit. The following requirements must be met:

* All activities must adhere to distancing measures, as per the government regulations as they pertain to sport
* The two groups must be separated by a minimum of 9 metres
* ALL participants must stay in their own group
* NO player, coach, or other person may participate in both events
* Any equipment used by one activity or group must be cleaned/sanitized prior to use by the other activity or group

There will be NO spectators allowed at any indoor activity; this does not include parents who may be used as a catcher for their child, during pitching sessions. IF a parent is catching for his/her child, said parent must be included in the participant count for that event and must wear a mask at all times.