

# New Covid -19 Restrictions (framework) for “Organized” Sport in Ontario

Effective November 7, 2020

**Please note** these numbers below are for Organized Sport not for the facility owners.

A facility may have a gym, several classrooms (5), weight rooms (2) a field. In the Green and Yellow regions, a facility in the above example would be allowed 90 persons inside. In this same example we would not be allowed 90 participants.

Please check for the status of your region before each training session as the insurance is tied to your adherence to these restrictions.

## **Green** - Majority of Regions in Ontario

Sport classes/training, limited to 50 indoors and 100 outdoors, must limit close contact and limit cohorts to 50, wellness check. Limit volume of music/require use of microphone where needed to avoid shouting.

## **Yellow** – Brant County, Hamilton, Durham, Halton, Eastern Ontario, Haldimand Norfolk, Niagara, Waterloo, Simcoe Muskoka, Wellington- Dufferin-Guelph Regions

Sport classes/training, 3-meter distancing, limited to 10 indoors and 25 outdoors, must limit close contact, wellness check, avoid shouting.

## **Orange** – Ottawa, York Regions,

Sport classes/training, 3-meter distancing, limited to 10 indoors and 25 outdoors, must limit close contact. Maximum of 50 in a facility, limits on stays (e.g. 60 minutes), no spectators, wellness check, avoid shouting.

## Red – Region of Peel

Sport classes/training, 3-meter distancing, limited to 10 indoors and 25 outdoors, must limit close contact, wellness check. Limits on stays (e.g. 60 minutes), no spectators, no contact and only training for teams, no scrimmages/games.

## Grey – No regions in Grey – Lockdown

## Modified Stage 2 – Toronto

Sport classes/training, 3-meter distancing, limited to 10 indoors and 25 outdoors, must limit close contact, wellness check. Limits on stays (e.g. 60 minutes), no spectators, no contact and only training for teams, no scrimmages/games.  
“Limiting team sports to training session”, Indoor Gyms and fitness centers closed.